



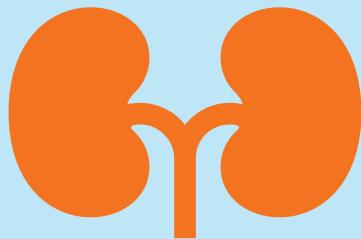
# 2026 12th Annual Updates in **Kidney Transplantation**

**June 18, 2026 | 7:30 AM – 3:30 PM**

Provided by UVA Health Continuing Education

## **A live, hybrid conference**

- Hillsdale Conference Center, 550 Hillsdale Drive, Charlottesville, VA, 22901
- Virtually through Zoom



# Program Overview

**Kidney transplantation** is the best option to restore quality of life for most patients with end stage renal disease (ESRD). This conference will provide dialysis unit staff the relevant and accurate information they require regarding advances in kidney transplantation in order to educate patients in their dialysis units. Dialysis patients benefit from education that starts early in their diagnosis of End-Stage Renal Disease. Through partnership with dialysis unit staff and nephrology practice staff, we are able to provide a consistent message throughout the care continuum about the lifesaving benefit of kidney transplantation, connections between patient experience and transplant outcomes, and strategies for overcoming barriers to successful transplantation.

## Target Audience

- Dialysis unit nurses
- Social workers
- Technicians
- Dietitian

## Desired Outcomes

### At the conclusion of this activity, learners will be able to:

- Describe why living kidney donation is the best option for patients with End-Stage Renal Disease
- Describe the benefit of pancreas transplantation for patients with diabetes
- Articulate the negative impact on transplant candidates of the use of cannabis for recreational and medical purposes
- Describe the role of the psychologist as part of the transplant MD team
- Describe the expectations of the transplant patient care partner
- Discuss components of successful transition of care to a local team for kidney transplant recipients
- Discuss the purpose of frailty testing in kidney transplant candidates
- Describe potential concerns for patients being evaluated for a second kidney transplant
- Articulate the impact of Post-Transplant Diabetes Mellitus on patients undergoing kidney transplant



# Agenda

- **7:30 AM** - Check-In, Breakfast (provided to in-person participants), and Exhibitors

- **8:00 AM** - Welcome Remarks

Barbara Shephard, BSN, RN, CCTC

- **8:05 AM** - Living Donor First/Role of LD Navigator

Sarah Golemme, MS

- **8:35 AM** - Pancreas Transplantation

Joseph Leeds, MD

- **9:05 AM** - Marijuana and Post-Transplant Medications

Alexander Gogoli, DO

- **9:35 AM** - Break/Exhibitors

- **9:50 AM** - The Psychologist on the Multi-D Transplant Team

Casey Cavanagh-Gelles, PhD, ABPP

- **10:20 AM** - Criteria for Care Partners

Emily Lyster, MSW, LCSW

- **10:50 AM** - Care Partner Panel

Moderator: Emily Lyster, MSW, LCSW

- **11:20 AM** - Transition of Post-Transplant Patients

Christy Hodge, MSN, RN, CNL, CCTN

- **11:50 AM** - Frailty Test Demonstration

Alyssa Briske, RDN

- **12:00 PM** - Lunch (provided to in-person participants) and Exhibitors

- **1:00 PM** - Medical Surgical Considerations of 2nd Kidney Transplant

Jeanne Kamal, MD & Danielle Ladier, MD

- **2:00 PM** - Break

- **2:15 PM** -

Post Transplant DM

Meaghan M. Stumpf, MD

Cooking Demonstration

Alyssa Briske, RDN

New Apps for DM Management

Meaghan M. Stumpf, MD, Endocrinology

- **3:15 PM** - Closing Remarks & Evaluate to Claim Credit

Barbara Shephard, BSN, RN, CCTC

- **3:20 PM** - Adjourn

## Course Faculty and Planning Committee

(\*denotes Planning Committee Member)

*All faculty and planning committee members are from the University of Virginia.*

**Barbara Shephard, BSN, RN, CCTC**, Manager, Transplant Outreach, Course Director\*

**Alyssa Briske, RDN**, Kidney Transplant Dietitian\*

**Casey Cavanagh-Gelles, PhD, ABPP**, Director of the Health Psychology Consultation Service, Associate Professor of Psychiatry, Division of Clinical Health Psychology

**Mallory Foster, RD, CNSC, CCTD**, Transplant Dietitian\*

**Christy Hodge, MSN, RN, CNL, CCTN**, Transplant Coordinator, Kidney Transplant\*

**Alexander Gogoli, DO**, Transplant Nephrology Fellow\*

**Sarah Golemme, MS**, Living Donor Transplant Patient Navigator

**Emma Johnstone, RN**, Transplant Coordinator, Abdominal Transplant\*

**Jeanne Kamal, MD**, Transplant Nephrologist\*

**Joo Kim, MSN, RN**, Transplant Coordinator, Kidney Transplant\*

**Danielle Ladier, MD**, Transplant Surgery

**Joseph Leeds, MD, MS, MPH, FAST**, Assistant Professor of Medicine, Division of Nephrology\*

**Emily Lyster, MSW, LCSW**, Clinical Social Worker, Kidney Transplant\*

**Seth McElroy, MSN, RN, CNL, CNOR**, Renal Transplant Outreach Coordinator\*

**Angie Nishio-Lucar, MD**, Associate Professor of Medicine; Program Director, Transplant Nephrology Fellowship; Medical Director, Living Kidney Donor Program\*

**Anita Sites, RN, MSN, AG-ACNP-BC, CCTC**, Living Donor Transplant Coordinator\*

**Meaghan M. Stumpf, MD**, Endocrinology\*

**Carol Vincel, MSN, RN**, Nurse Practitioner\*

**Sarthak Virmani, MBBS**, Assistant Professor of Medicine, Division of Nephrology\*

**Linda Hanson, MSM**, Continuing Education Program Manager\*

# To Register and Pay

Scan the QR code or navigate to [www.cmevillage.com](http://www.cmevillage.com) and select this conference from the Upcoming Courses list.

Registration will close at midnight on **Thursday, June 12, 2026**. The course syllabus will be available online the week of the conference until 30 days after the conference.

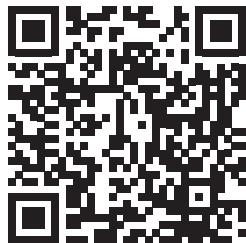
**PLEASE NOTE:** Policies on cancellation, payment methods, and accommodation requests can be found on our conference website.

## Early Bird rate through June 1, 2026

|                         |             |
|-------------------------|-------------|
| Healthcare Provider     | <b>\$80</b> |
| Resident/Fellow/Student | <b>\$65</b> |

## Rate June 2 - June 12, 2026

|                         |             |
|-------------------------|-------------|
| Healthcare Provider     | <b>\$95</b> |
| Resident/Fellow/Student | <b>\$80</b> |



Please choose your registration category carefully. You will not be able to change from virtual to in-person registration (please note the refund policy on our website).

## Directions to the Hillsdale Conference Center

**Hillsdale Conference Center, 550 Hillsdale Drive, Charlottesville, VA 22901** is three miles from UVA's Central Grounds. Ample parking is available on site.

- Follow Route 29 to Charlottesville
- Turn onto Branchlands Boulevard
- Turn Right onto Hillsdale Drive
- In 4/10 mile Hillsdale Conference Center will be on your Right.

## Contact Information

### Linda Hanson, MSM

Program Manager, School of Nursing Continuing Education

[lh3x@virginia.edu](mailto:lh3x@virginia.edu) | 434-982-4136



## Accreditation and Designation Statement



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Nurses

UVA Health Continuing Education awards **5.5 contact hours** for nurses who participate in this educational activity and complete the post activity evaluation.

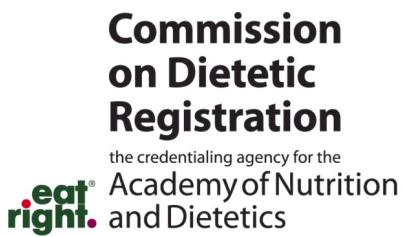
### Social Workers



As a Jointly Accredited Organization, UVA Health Continuing Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive **5.5** general continuing education credits.

### CEPTC Credit

As a designated Approved Provider by the American Board for Transplant Certification (ABTC), University of Virginia Charles O. Strickler Transplant Center grants up to **5.5 Category 1 Continuing Education Points for Transplant Certification (CEPTCs)** for this offering. CODE: **162-1110**



### Dietitian

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).

RD's and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.

### Hours of Participation

UVA Health Continuing Education awards **5.5 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.